



Official League Rules

Division U/4 and U/6:

Coaches and aides will throw in the ball when it crosses the touchline (out of bounds).

Play is restarted after a goal is scored (mid field, center line).

There are no refs for this division.

No heading the ball.

No drop kicking the ball.

No goalies.

Please ensure that all players have equal game play time.

Division U/8:

Refs will call all penalties.

Play is restarted after a goal is scored (mid field, center line).

No heading the ball.

No drop kicking the ball.

If the ball is secured by the goalie during gameplay, the goalie must throw the ball back in.

If the ball goes out of bounds and crosses the goal line, a goalie is allowed to kick the ball from the goal line (the ball must be on the ground).

Please note the ref's rule about the build out line (opposing players must be behind the build out line if the goalie has the ball).

Please ensure that all players have equal game play time.

Division U/10 and U/12:

Refs will call all penalties.

Play is restarted after a goal is scored (mid field, center line).

Heading the ball is allowed (safely).

Drop kicking the ball is allowed.

Refs can bench a player that is called more than twice for unsafe play.

Please ensure that all players have equal game play time.